

This summer we will "figuratively" walk across Maryland!

(Maryland is approximately 100 miles wide and 250 miles long.)

- Walk with a group or walk on your own (groups forming on Wednesday, May 4)
- Record your miles at the center
- Earn a prize for every 25 miles walked

Urbana Senior Center 9020 Amelung Street, Frederick, MD 21704

(located on the lower level of the Urbana Regional Library)

301-600-7020 ● UrbanaSeniorCenter@FrederickCountyMD.gov www.FrederickCountyMD.gov/aging